

## Coronavirus (COVID 19) Update March 11, 2020

We are dedicated to the health and safety of our students and staff as well as continuing to meet the educational needs of our students.

The Governor declared a **PREPARATION**-based State of Emergency on March 4, 2020. Tuolumne County schools, Tuolumne County Office of Education and the Public Health Department are working together to minimize disruption to teaching and learning and protect students and staff.

Please do your part and follow these guidelines:

- Wash hands for 20 seconds. Washing hands often under clean, running water can help prevent the spread of germs. If you cannot wash your hands, use alcohol-based hand sanitizer with at least 60-95% alcohol.
- Clean and disinfect surfaces or objects. Clean and disinfect frequently touched surfaces, especially when someone is ill.
- Cover coughs and sneezes. Use a tissue to cover coughs and sneezes, then dispose of the tissue. When a tissue is not available, cough or sneeze into your elbow (or inside your shirt).
- Avoid touching your eyes, nose, or mouth. Germs spread this way.
- ***Stay home when you are sick.*** This includes work, school, and errands when you are sick. You will help prevent others from catching your illness. Avoid close contact with people who are sick.

### [When Should I Send My Child to School?](#)

Instructions for students who are ill:

- Please provide students' symptoms when calling your student in ill (including if they have a fever).
- Please keep your student home for 48 hours after their fever (100.5) stops without medication.
- Upper respiratory infections such as cold or bronchitis (without fever)– keep home if they have excessive cough, large amounts of yellow/green nasal discharge, or are too ill to function adequately in the classroom. Much depends on individual circumstances depending on the student's age, hygiene habits, and developmental level.
- Asthma – if needing a nebulizer (breathing) treatment more frequently than every 2 hours.

As the situation in the state and/or county changes, formal notification processes are in place to notify staff, families, and the community. Summerville Union High School District is monitoring the situation carefully and working closely with the Tuolumne County Public Health Department (PHD) and Tuolumne County Office of Education. Any school closure determinations will be made by the PHD in conjunction with TCSOS and Summerville Union High School District Administration.

Our Custodial and Maintenance staff are working diligently to keep our schools safe and as germ free as possible. They are doing extra cleanings of horizontal surfaces (tables, desks, and countertops) as well as door handles, sink fixtures and the like. We can all do our part by:

- Staying home when sick.
  - Remain at home until fever has been gone for at least 24 hours without the use of fever-reducing medicines.

- Seek immediate medical care if symptoms become more severe, e.g., high fever or difficulty breathing.
- Use “respiratory etiquette.”
  - Cover cough with a tissue or sleeve.
  - Provide adequate supplies within easy reach, including tissues and no-touch trash cans.
- Wash hands frequently.
  - Encourage hand washing by students and staff through education, scheduled time for handwashing, and the provision of adequate supplies.
- Enhance cleaning consistent with CDC guidance (see Environmental Cleaning and Disinfection Recommendations on CDC website).

Additional Resources:

California Public Health (CDPH):

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx>

US Centers for Disease Control and Prevention (CDC):

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

World Health Organization (WHO):

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>